

LION'S DEN PATHWAY

LION'S DEN PATHWAY PROGRAM

The Lion's Den Pathway Program at SMOSH West Lakes Junior Football Club is focused on the development of our older players (U14s – U17.5s) and the coaches for these same age groups. This will help to facilitate a clear pathway from Junior to Senior football, strengthen our Junior and Senior football clubs and create a more engaged and positive culture at the Club. Throughout the delivery of this program, the Club will remain committed to its vision of fostering a love for football amongst all of our players.

The majority of the Lion's Den Pathway Program will be delivered during regular training sessions with a few additional special sessions throughout the season. The cost of the program will be covered by the 2025 SMOSH West Lakes Juniors registration fees.

DEVELOPMENT OF PLAYERS

The development of our players is central to the Lion's Den Pathway Program. The program will focus on the following:

- **Skills:** Combine testing to test athletic skills including speed, power, strength, and agility.
- **Values:** Externally facilitated session with all of our players to develop a set of values that they will be responsible for upholding throughout the program.
- **Knowledge and experience:** By participating in group sessions and other activities, players will have opportunities to build upon their existing knowledge and experience of all aspects of the game such as understanding what makes a team work well together and why effective leadership is important.

WHAT MAKES THIS PROGRAM STAND OUT?

- **Pathway Ambassadors:** Prominent AFL/AFLW figures are engaged to demonstrate leadership and share experience and knowledge.
- **Leadership opportunities:** Players will be given opportunities to demonstrate leadership during training sessions and group activities.
- **Culture:** There will be a focus on contributing to and engaging in a positive Club culture and the importance of community.
- **Continual coach development:** The coaches will work with a dedicated Coaching Coordinator to continue to build upon their skills and expertise. All players will engage with the different coaches as they move through the age groups to benefit from this.

FOR MORE INFORMATION

Contact Adam Ozols, Youth Football Director
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The program starts in November so early registration is important!

